SAFETY MESSAGE/PLAN (ICS 208)

1. Incident Name:	2. Operational Period: Date From: 4/16/2022	Date To: 4/16/2022
Kawailani 'Ino Hawaii (Drill)	Time From: 0900 HST	Time To: 1200 HST

3. Safety Message/Expanded Safety Message, Safety Plan, Site Safety Plan:

General:

- All exercise participants are encouraged to remain hydrated. Water should be available at your location.
- All exercise participants are encouraged to wear hats and apply sunscreen often throughout the exercise if working outside in the sun.

COVID-19:

- The United States Centers for Disease Control and Prevention (CDC) recommends people to practice social distancing and should remain "a distance of at least six feet" from other, unassociated, individuals.
- Face masks are required for all exercise participants throughout the operational period when inside near other unassociated people per state & county guidelines
- All exercise participants should be free from acute illness and should not be displaying symptoms consistent with COVID-19, including: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, etc. https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

Health:

- Washing hands with soap and clean running water can prevent illness and the spread of infection:
- Personnel should wash their hands: Before eating or drinking, After using the toilet, and After blowing your nose, coughing, or sneezing.
- Personnel should generally avoid touching their face.

Traffic and Mobile operations:

- All exercise participants should remain aware of the presence and location of moving motor vehicles if they are operating in a moving vehicle.
- All mobile operators should attempt to be safely parked when operating your mobile radio(s).

Safe Use of Generators:

- Be sure to use your generator correctly. Using a generator incorrectly can lead to dangerous situations:
- * Electric shock or electrocution.
- * Fire.
- * Carbon monoxide poisoning from engine exhaust. Even if you can't smell exhaust fumes, you may still have been exposed to carbon monoxide. If you start to feel sick, dizzy, or weak while using a generator, get fresh air right away. If you experience serious symptoms, get medical attention immediately. Consider installing battery-operated carbon monoxide alarms. Be sure to read the manufacturer's instructions and take proper precautions.

Position generators outdoors and well away from any structure. Running a generator inside any enclosed or partially enclosed structure can lead to dangerous and often fatal levels of carbon monoxide. Keep generators positioned outside and at least 15 feet away from open windows so exhaust does not enter your home/business or a neighboring home/business.

Keep the generator dry. Operate your generator on a dry surface under an open, canopy-like structure and make sure your hands are dry before touching the generator. Do not use the generator in rainy or wet conditions.

Make sure your generator is properly grounded. Grounding generators can help prevent shocks and electrocutions.

4. Site Safety Plan Required? Yes X N O				
Approved Site Safety Plan(s) Located At: N/A				
5. Prepared by: Name	: Matt Glei WH6FLO	Position/Title: Safety Officer	_Signature:	/s/ Matt Glei
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Refer to OSHA guidelines for grounding requirements for portable generators.

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3. Safety Message/Expanded Safety Message, Safety Plan, Site Safety Plan: [Continued from previous page]

Safe Use of Generators: [Continued]

Plug equipment directly into the generator. Use heavy-duty, outdoor-rated extension cords that are in good working condition and have a wire gauge that can handle the electric load of any connected appliances.

Maintain an adequate supply of fuel. Know your generator's rate of fuel consumption at various power output levels. Carefully consider how much fuel you can safely store and for how long. Gasoline and diesel fuel stored for long periods may need added chemicals to keep them safe to use. Check with your supplier for recommendations. Store all fuels in specifically designed containers in a cool, dry, well-ventilated place, away from all potential heat sources.

Turn the generator off and let it cool before refueling. Use the type of fuel recommended in the manufacturer's instructions.

Always have a fire extinguisher available near the site of any generator.

Safe Use of Batteries:

Batteries are large, contain corrosive acids and produce an electrical charge. All of these pose a threat to your safety and necessitate a number of precautions be taken when handling batteries.

- 1. Avoid bringing metal into contact with batteries. This includes metal tools and hoist chains as well as personal items such as jewelry, watches and belts. As metal conducts electricity, anyone touching a metal object as it comes into contact with the battery runs the risk of electrocution.
- 2. Never allow both terminals to make contact with an item (particularly yourself) simultaneously. When both terminals are engaged, an electrical current will pass through anything touching them.
- 3. Do not hand-guide batteries during the lifting/moving process. This puts you in danger if the battery were to drop or shift. Also, touching the battery proves a danger as it may lead to electrical shock or bring the worker into contact with corrosive battery acid.
- 4 Wear protective equipment when handling batteries including gloves, eyewear and hardhat. Gloves and protective eye gear are to guard against battery acid while a hard hat is important during the lifting process in case a battery swings or falls.

Safe Setup for Radio & Antennas:

This is guidance that applies to all Ham Radio setup safety:

Grounding: http://www.arrl.org/grounding

Lightning Protection: http://www.arrl.org/lightning-protection

Electrical Safety: http://www.arrl.org/electrical-safety

RF Exposure: http://www.arrl.org/rf-exposure

4. Site Safety Plan Required? Yes X N O				
Approved Site Safety Plan(s) Located At: N/A				
5. Prepared by: Name: Matt Glei WH6FLO	_Position/Title: <u>Safety Officer</u> Signature: <u>/s/ Matt Glei</u>			
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